

Health and Beauty

ADVERTISING FEATURE



Breaking through learning barriers

Learning barriers?

Is your child constantly on the move?

Does your child struggle to focus at school?

Does she "tune-out" in class?

Does he struggle to coordinate his movements?

Has your teenager "hit the wall" at school?

Do you struggle to remember instructions?

Integrated learning therapy has the answers.

Recently, hidden away in the suburb of Wainuiomata, a clinic has been opened by a South African new-comer, Carol Laubscher.

Working with the Handlea system, Carol is successfully treating children and adults (4-94) with an array of learning barriers, varying from ADD to Autism.

The HANDLE acronym stands for Holistic Approach to NeuroDevelopment Learning Efficiency. It is an holistic, drugs-free approach.



► Carol Laubscher, whose help can get a HANDLE (Holistic Approach to NeuroDevelopment Learning Efficiency) on teenagers who are drifting.



Carol did her training in South Africa with Integrated Learning Therapy (www.ilt.co.za), and has many years of experience in working with young children, having taught pre-school for the past 15 years, the last 5 in Montessori education.

How does it work?

The approach is fundamentally a simple one-to find the root cause of the problem through an intensive assessment, and then to work to remedy it through a series of simple movement

exercises, done daily at home, which work to relay neurological pathways in the brain.

During the assessment, tests are also carried out to determine which primitive reflexes have been retained in the body, as these can have a severe effect on overall development.

The assessment takes roughly 2 1/2 hours, and then the parents/client are presented with a detailed result of the findings, and shown how to do the relevant exercises.

All equipment is provided.

Follow up visits are scheduled after 2 weeks, and then every 4-6 weeks thereafter. The program runs for 6-12 months, but most clients are rehabilitated within 6-8 months.

What else?

As well as Handle and the Listening program, she will also be offering remedial maths and language workshops at the clinic next year, for primary-aged children, as well as autism sensory integration sessions for children on the autistic spectrum.

For a free interview, call Carol on 564-9004.